



ANTI-AGEING SPECIAL

BEAUTY FRONTLINE:
5 NEW
treatments
ON TRIAL

Hi-tech interventions promise the world when it comes to anti-ageing, but do they really work? Our fearless beauty explorers try five causing the biggest buzz right now



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PRU WALDORF, 40, TRIES

THE NEWEST VERSION OF THE POPULAR DERMAROLLING



Before: I am possibly the least likely candidate for a beauty treatment trial. I'm distinctly low-maintenance, relying more on good genes

than a good skincare routine. But since turning 40, all that has changed. Age, motherhood, an office-bound career and late nights have somehow conspired and my previously plump skin suddenly looks grey and lined. Dermapen is the latest version of dermarolling, which uses needles to temporarily damage the skin and trick it into producing more collagen, and already has a good reputation. The difference is Dermapen 'has adjustable

needles and causes less surface damage to skin', according to Dr Vicky Dondos, who has recently introduced the treatment into her clinic. The results should be even better.

During: A thick anaesthetic cream is applied to my face and left for 40 minutes. Little wonder, then, that the treatment itself is pretty painless. As she works away, Dr Dondos explains that the pen makes it easier to work deeper where skin needs it and go easy where it's thinner or more sensitive, than with the roller. It takes her 30 minutes to do my whole face and by the end my skin is tingling, though not painful.

After: Despite my skin looking pretty gory in the immediate aftermath - it's bleeding

all over from hundreds of tiny, red pinpricks - it soon clears, and by the time I get back to work, the blood wiped and the redness covered by some make-up applied at the clinic, I look pretty normal. The redness lasts for a few days and my skin also becomes very dry, as well as breaking out into spots at one point. But 10 days later, I can see what the fuss is about. My skin looks plumper and more radiant; fine lines around my eyes and on my forehead have also eased. Guidelines recommend a course of three or four treatments for the best possible results. I've already booked.

Lasts: 12 months.

Dermapen treatments at Medicetics cost from £350; medicetics.com

